

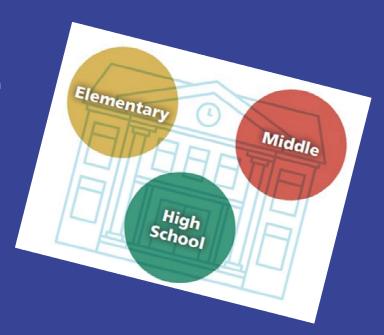
FERGUSON-FLORISSANT SCHOOL DISTRICT

School Counseling Department

School Counseling Program

The School Counseling program is an integral piece of the overall educational process. School Counselors provide a comprehensive program that supports students' academic, personal, social/emotional and career development. Growth and learning are developmental; therefore, guidance must be developmental and sequential. The need for guidance begins with pre-school entrance and continues throughout life.

The Comprehensive School Counseling Program is a K-12 developmental program that is concerned with all students while recognizing the fact that individuals have needs that will continue to require special attention. As a result, the comprehensive guidance program is for all students and becomes developmental rather than crisis-oriented.



What do Middle School Counselors Do

Middle school counselors are educators uniquely trained in child and adolescent development, learning strategies, self- management and social skills. They implement a school counseling program to support students through this important developmental period.





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Annual School Counseling Plan



Cross Keys Middle School Comprehensive School Counseling Plan Content

The CSCP is based on the assumption all students should have the opportunity to participate in learning activities that develop social/emotional, academic, and career readiness. In the CSCP, school counseling content is defined by Grade- Level Expectations (GLEs). In conjunction with other content area GLEs, mastery of the school counseling GLEs prepares students for success in an internationally competitive and technological world. Detailed information about GLEs and the content area strands is available on the Missouri Department of Elementary and Secondary Education School Counseling webpage.

Content Area Strands

The CSCP Grade Level Expectations are grouped into three content area strands: Social/Emotional, Academic Development, and Career Development.

Social/Emotional Development

- Understand self as an individual and as a member of diverse local & global communities
- Interact with others in ways that respect individual & group differences
- Apply personal safety skills & coping strategies

Academic Development

- Apply skills needed for educational achievement
- Apply skills of transitioning between educational levels
- Develop & monitor Personal Plans of Study

Career Development

- Apply career exploration & planning skills in achievement of life career goals
- Know where & how to obtain information about the world of work
 & post-secondary training/education
- Apply skills for career readiness & success

Cross Keys Middle School Annual School Counseling Plan

- All students will access 7-Mindsets Emotional curriculum through teacher guided lessons.
- All students will receive support and guidance on career exploration & awareness by utilizing Missouri Connection
- All students will receive suicide prevention from CHADS Coalition through their health class.
- All students will receive bullying and sexual harassment education through teacher directed lessons in advisement.
- All students will have access to academic support provided through TutorMe.

Small Groups

Counselors may run small groups based on student need. Example groups include grief, stress management, conflict resolution, coping skills, etc.



Outside Agencies Contact your student's counselor for more information.

CHADS Family Support Program CHADS Mentor Program Great Circle Better Family Life Preferred Family Health BJC Behavioral Health

Resources

Who are School Counselors:

ASCA - The Role of The School Counselor ASCA - The Essential Role of Middle School Counselors DESE Comprehensive School Counseling Program

